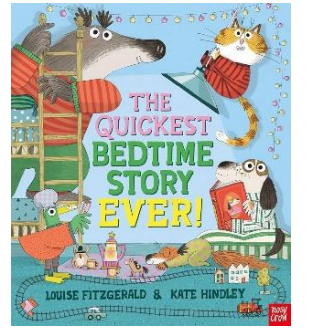


Suggested learning opportunities for *The Quickest Bedtime Story Ever!* by Louise Fitzgerald and Kate Hindley

- Science, technology, numeracy and mathematics
- Literacy and English
- Health and wellbeing
- Social studies
- Expressive arts



Mathematics and numeracy

- Look at one of the pages where you can see the animals' bedroom. Can you count the objects in their room? How many Lego bricks are there? How many cars? How many stuffed toys? **(MNU 0-02a, MNU 0-03a)**
- The book is set at night. Look up what time the sun will set tonight. What does this look like on a clock? Repeat this idea over a few weeks to look at the changing time of sunset or how the hours of sunlight get shorter or longer at certain times of year. **(MNU 0-10a)**
- What shapes can you spot in the story? Try and find some different shapes on each page (e.g. the bubbles are circles, the bedspreads have triangles on them). **(MTH 0-13a, MTH 0-16a)**

Sciences

- Go outside with an adult at night to see what you can see. Can you see the moon and the stars? You could learn a little bit more about what constellations and stars you can see! **(SCN 0-06a)**
- The animals' bedroom is full of lots of things - fairy lights, toys, an alarm clock, a kettle of hot water and more! Sort the objects by what you think is powered by electricity and what is powered by batteries. **(SCN 0-09a)**

Technology

- All the animals have cosy blankets on their beds. Design your own comfy blanket, exploring the different textiles you could use. **(TCH 0-04b)**
- Design your own perfect bed. Would it have a reading light or a drawer for toys? Do you want big fluffy pillows or only a little one? **(TCH 0-10a, TCH 0-11a)**

Literacy and English

- Can you create a story with only ten words? Take it in turns sharing them in groups or with the class! **(LIT 0-01a, LIT 0-21b, MNU 0-03a)**
- Create a class book of everyone's favourite story. Everyone can draw their favourite story, or book, and write its title. If you're not sure what story you could include, why not ask your local librarian for a recommendation? **(LIT 0-01b, LIT 0-09a, LIT 0-11b)**
- Do you sleep with any toys, stuffed animals or blankets? In groups, talk about them. What are they and do they have a name? Who gave them to you? You could extend this by introducing your favourite toy to everyone in your class! **(LIT 0-02a, ENG 0-03a, LIT 0-10a)**

Health and wellbeing

- Sometimes it can be difficult to fall asleep. Talk about some of the feelings or thoughts that might keep you awake, and what you can do to help yourself feel better, or who you can talk to. **(HWB 0-01a, HWB 0-02a, HWB 0-03a)**
- As the book says, sometimes adults get grumpy if you're a bit too excited at bedtime. What are some things you can do that help you feel more relaxed or calm? Create cards which represent some of the things that help you calm down. You can use these to choose something to help you wind down when you'd like to relax, or before you go to sleep. **(HWB 0-02a)**
- As a class, talk about some of the reasons why sleep is important. What can you do to help yourself get a good night's sleep? **(HWB 0-15a, HWB 1-27a)**
- In the story, everyone is getting ready for bed! Talk about your different routines. What do you do before school in the morning? What about after school, or before bedtime? **(HWB 0-33a, HWB 0-48a)**

Social studies

- Skara Brae is a prehistoric village that is still standing in Orkney. You can still see its box beds made of

stone slabs! Look at some photographs on [the Historic Environment website](#) and imagine how they might have kept warm and cosy at night. **(SOC 0-01a, SOC 0-02a, SOC 0-04a)**

Art

- Draw your own dream pair of pyjamas! Will you wear a matching set, a nightie or t-shirt and shorts? Are they patterned or plain? What special feature do your special pyjamas have? **(EXA 0-02a, EXA 0-04a)**
- Create your own dream journal. Draw the dreams you have each night when you wake up! **(EXA 0-02a, EXA 0-04a)**

Drama

- This book requires your best reading voice! Take it in turns coming up with some different voices. You can use [Starcatchers' Give Me a Sound video](#) (3 minutes, 15 seconds) for inspiration! **(EXA 0-12a)**

Other books to read together...

- *The Rabbit, the Dark and the Biscuit Tin* by Nicola O'Byrne
- *Monkey Bedtime* by Alex English and Pauline Gregory
- *Teapot Trouble* by Morag Hood